

WHAT IS COMING AND WHAT TO DO

A Biblical Prophecy & Practical Preparedness Guide
Post-Tribulation Perspective

Revelation 12:11 *“They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death.”*

Signs to Watch • The Timeline • What Each Event Means • How to Endure & Overcome

A Word Before You Begin

This guide was written for every person — believer and seeker alike — who senses that history is accelerating toward something. You don't have to be deeply religious to feel it. Wars, global instability, economic uncertainty, surveillance systems being built at an unprecedented scale, and a cultural unease that something major is on the horizon.

What you hold in your hands is a guide rooted in Biblical prophecy and grounded in practical preparedness. It will not comfort you with easy answers. It will not tell you that everything will be fine before it gets hard. What it will do is tell you the truth — and give you a path through what is coming.

This guide is written from a post-tribulation perspective — the understanding, consistent with the full pattern of scripture, that God's people are not removed from the time of trial but are kept, strengthened, and ultimately victorious through it. This is not a message of doom. It is a message of overcomer faith. The God who kept Daniel in the lion's den, who walked with the three Hebrew boys in the furnace, and who raised Jesus from the dead — that same God will keep His people through everything that is coming.

▲ How To Use This Guide

Each section covers a prophesied event or season: what the Bible says, what to watch for, and a practical action plan. The spiritual and the practical are woven together throughout because in what is coming, both will matter equally. Read it in order for full context, or go directly to the section most relevant to where you believe we are right now.

The Biblical Case: Enduring Through, Not Escaping From

One of the most important questions for any believer today is this: will the church be removed before the Tribulation, or will we go through it? This is not a minor theological debate. Your answer to this question determines how you prepare, how you live, and how seriously you build your faith right now.

Scripture, read carefully and consistently, points overwhelmingly to one pattern: God does not remove His people from the fire. He walks with them through it.

The Unbroken Pattern of Scripture

From Genesis to Revelation, the pattern of God with His people is always through, never out. Consider the evidence:

- Noah was not taken to heaven before the flood. He was kept through it in the ark, emerging on the other side to a renewed earth. (Genesis 6-8)
- Israel was not airlifted out of Egypt before the plagues. They lived through them, protected by God, and walked out the other side in triumph. (Exodus 7-14)
- Daniel was not removed from Babylon. He was kept in it — through the lion's den, through decades of exile — and God was glorified through his endurance. (Daniel 6)
- Shadrach, Meshach, and Abednego were not pulled out before the furnace was lit. They walked into the fire and came out without even the smell of smoke. A fourth man walked with them inside. (Daniel 3)
- The early church was not spared persecution. Paul was beaten, shipwrecked, imprisoned. Peter was crucified. They were refined, not removed. (Acts-Revelation)
- Jesus Himself said: "In this world you will have trouble. But take heart — I have overcome the world." (John 16:33) Not: you will be removed before trouble.

The Key Scriptures

Matthew 24:13 *"But the one who stands firm to the end will be saved."*

Revelation 13:10 *"This calls for patient endurance and faithfulness on the part of God's people."*

Revelation 14:12 *"This calls for patient endurance on the part of the people of God who keep his commands and remain faithful to Jesus."*

John 17:15 *"My prayer is not that you take them out of the world but that you protect them from the evil one."*

Daniel 12:10 *"Many will be purified, made spotless and refined, but the wicked will continue to be wicked. None of the wicked will understand, but those who are wise will understand."*

Jesus did not pray for the church to be removed. He prayed for the church to be protected and kept. The Tribulation saints of Revelation are not a separate group of second-chance believers — they are the church, enduring, overcoming, and triumphing by the blood of the Lamb and the word of their testimony.

What This Means For You

If the church goes through the Tribulation, then the most important thing you can do right now is not just stockpile food and water — it is to build an unshakeable faith. A faith that does not flinch under pressure. A faith that knows its God deeply enough to trust Him in the dark. The time to build that is now, while it is still relatively easy.

Part 1 — The Signs of the Times

Jesus called the events preceding the end "birth pangs" — contractions that grow closer together and more intense as the moment of delivery draws near. These signs do not pinpoint an exact date but they do tell us the season we are in. Wisdom requires that we pay attention.

Sign	Key Scripture	Response for the Overcomer
Wars & Rumors of Wars	<i>Matthew 24:6-7</i>	Stay informed but not panicked; deepen your prayer life as tensions rise.
Nation Against Nation	<i>Luke 21:10</i>	Build community now; isolation will be dangerous in what is coming.
Famines & Food Shortages	<i>Matthew 24:7</i>	Begin storing 30-90 days of food and water. Grow what you can.
Earthquakes & Disasters	<i>Luke 21:11</i>	Know your local emergency plan; have a go-bag ready at all times.
Pestilence & Disease	<i>Luke 21:11</i>	Maintain health; stock basic medical supplies and learn first aid.
Persecution of Believers	<i>Matthew 24:9</i>	Build courage now through scripture; know what you believe and why.
Deception & False Prophets	<i>Matthew 24:5,11</i>	Test everything against scripture; guard what you believe carefully.
Lawlessness Increasing	<i>2 Timothy 3:1-5</i>	Build your moral anchor in Christ; know righteous community.
Gospel Preached Worldwide	<i>Matthew 24:14</i>	Participate in spreading the gospel; this must happen before the end.
Israel as a Nation	<i>Ezekiel 37:21-22</i>	Watch Middle East developments; Israel is the prophetic clock.
Global Control Systems	<i>Revelation 13:16-17</i>	Understand what is being built; reduce digital dependency now.
Signs in the Heavens	<i>Luke 21:25</i>	Note unusual astronomical events; do not dismiss them.

A post-tribulation believer does not watch these signs with dread. You watch them with sobriety and purpose — because each one is a call to deepen your roots in Christ and strengthen your preparation. The signs are not your enemy. They are your warning system.

Part 2 — The Tribulation: Seven Years of Refinement & Judgment

The Tribulation is a seven-year period described in Daniel and Revelation — a time of unparalleled global trial, divine judgment on a rebellious world, and the ultimate purification of God's people. From a post-tribulation perspective, the church does not escape this period. We are present, we are protected, we are refined, and we overcome.

This does not mean every believer will survive physically. Some will be martyred for their faith — and Revelation says those martyrs are honored and victorious in Christ. But the community of God's people endures as a body through this time, sustained by His grace, sustained by one another, and kept by His power.

Daniel 12:1 *“There will be a time of distress such as has not happened from the beginning of nations until then. But at that time your people — everyone whose name is found written in the book — will be delivered.”*

Revelation 7:14 *“These are they who have come out of the great tribulation; they have washed their robes and made them white in the blood of the Lamb.”*

The First 3.5 Years — The Rise of the World Leader

A powerful, charismatic world leader — the Antichrist — rises and brokers a major peace agreement, particularly involving Israel. The world initially embraces him as a solution to global chaos. During this first half, the church will face increasing pressure, marginalization, and the early stages of persecution. International systems of governance, economics, and surveillance will rapidly consolidate.

Signs the Antichrist Has Risen

Scripture gives specific characteristics to recognize him by:

- Rises rapidly from relative obscurity to global political power
- Brokers a significant peace covenant specifically involving Israel
- Appears to survive a fatal wound, causing the world to marvel (Revelation 13:3)
- Demands worship; places an abomination in a rebuilt Jerusalem Temple at the midpoint
- Backed by a false religious figure called the False Prophet
- Implements a mandatory global mark system to control all buying and selling

The Second 3.5 Years — The Great Tribulation

At the midpoint the Antichrist breaks his covenant with Israel, declares himself God, and the most intense period of persecution and divine judgment in history begins. This is the Great Tribulation. The church will face the full pressure of this system. The Mark will be enforced. Worship of the Beast will be demanded. Those who refuse will be cut off from the economy and targeted for persecution.

This is precisely why your faith must be built like bedrock before this moment arrives. The ones who will stand are not those who knew the most facts about prophecy — they are those who knew God personally, deeply, and unshakeably.

The Seven Seals (Revelation 6) — Judgment Unfolds

- **1st Seal:** Global war unleashed on a massive scale
- **2nd Seal:** Peace removed from the earth; widespread violent conflict
- **3rd Seal:** Severe famine; economic collapse and scarcity
- **4th Seal:** Death by war, famine, plague, and wild animals — 1/4 of earth's population
- **5th Seal:** The cry of martyred believers; God acknowledges and honors them
- **6th Seal:** Catastrophic earthquake; sun darkened; stars fall; the sky rolled back
- **7th Seal:** Silence in heaven; the Seven Trumpets prepare to sound

The Seven Trumpets (Revelation 8-9) — Intensifying Judgment

- **1st:** Hail, fire, blood — one third of the earth and trees burned
- **2nd:** Massive object strikes the sea; one third turns to blood
- **3rd:** Freshwater poisoned across one third of the earth
- **4th:** Sun, moon, and stars darkened by one third
- **5th:** Demonic torment of unbelievers for five months
- **6th:** Demonic army of 200 million kills one third of remaining population
- **7th:** The kingdoms of this world become the kingdom of Christ

How to Live and Endure During the Tribulation

✓ The Overcomer Mindset

Revelation does not describe the Tribulation church as a cowering, defeated remnant. It describes overcomers — people who face the full force of the beast system and do not bow. Shadrach, Meshach, and Abednego said it best: "Our God is able to deliver us. But even if He does not, we will not bow." That is the spirit that carries God's people through what is coming.

The Non-Negotiable: Refuse the Mark of the Beast

The single most important practical instruction for believers in the Tribulation is this: do not receive the Mark of the Beast under any circumstances. It will be presented as necessary for survival — for buying food, accessing services, participating in society. The pressure will be enormous. But Revelation 14:9-10 is unambiguous about the eternal consequence of receiving it.

This is why community preparation matters so much now. Underground networks of believers who share resources, grow food, and support one another will be the lifeline that makes refusal of the Mark survivable.

Practical Survival Steps for the Tribulation Period

1. **Find and stay connected to your community of believers.** The lone wolf does not survive what is coming. Underground church networks will form. Be part of one.
2. **Secure long-term food and water.** Aim for 6-12 months of stored essentials. Learn to grow food. Learn food preservation. This is not optional.
3. **Get off the digital financial grid as much as possible.** Cash, barter, and community sharing will replace digital systems as the Mark infrastructure rolls out.
4. **Know your Bible deeply — especially Daniel and Revelation.** Understanding the timeline prevents deception and panic. Know what comes next so you cannot be manipulated.
5. **Build your prayer life now, before the pressure hits.** The faith that endures the Tribulation is not built during it. It is built in the quiet seasons before it.
6. **Be willing to suffer for the sake of Christ if called to.** Revelation honors the martyrs. Death is not defeat for the believer. Eternal life awaits those who overcome.
7. **Spread the gospel urgently and continuously.** Revelation 14 describes an angel preaching the eternal gospel to every nation during the Tribulation. Join that mission.

Part 3 — The Mark of the Beast: Refuse It at All Cost

From a post-tribulation perspective, this section carries unique weight. Because the church is present during the Tribulation, believers will face the Mark of the Beast system directly. This will not be a distant news story. It will be a personal, daily pressure applied to you and everyone you know.

Revelation 13:16-17 *“It also forced all people, great and small, rich and poor, free and slave, to receive a mark on their right hands or on their foreheads, so that they could not buy or sell unless they had the mark, which is the name of the beast or the number of its name.”*

Revelation 14:9-10 *“If anyone worships the beast and its image and receives its mark on their forehead or on their hand, they, too, will drink the cup of God’s fury, which has been poured full strength into the cup of his wrath.”*

Revelation 20:4 *“And I saw the souls of those who had been beheaded because of their testimony about Jesus and because of the word of God. They had not worshiped the beast or its image and had not received its mark on their foreheads or their hands. They came to life and reigned with Christ a thousand years.”*

That last verse is crucial. Revelation specifically honors those who refused the Mark even at the cost of their lives. They are not the losers of the Tribulation. They are the victors. They reign with Christ. Refusal of the Mark is not defeat — it is the ultimate act of faith and faithfulness.

WHAT WE KNOW ABOUT THE MARK

- A physical mark on the right hand or forehead
- Required for all commercial transactions
- Tied directly to worship and allegiance to the Antichrist
- Associated with the number 666
- Carries an irreversible eternal consequence

INFRASTRUCTURE BEING BUILT NOW

- Digital ID systems tied to government access and services
- Central Bank Digital Currencies (CBDCs) replacing physical cash
- Biometric scanning for financial and social access
- Social credit and behavioral scoring systems
- Implantable microchip technology in development

These technologies are not the Mark of the Beast yet. But they are building the exact infrastructure it will operate through. A believer who is aware of this is not paranoid — they are discerning. Reduce your dependency on these systems now while you still can.

Part 4 — Armageddon & The Glorious Return of Christ

Armageddon is the climactic military confrontation at the end of the Tribulation period, in the Jezreel Valley of Israel. The nations of the world, gathered under the Antichrist's command, converge against Israel and against God Himself. It is at this exact moment that Jesus Christ physically and visibly returns to earth — and it is the moment every enduring believer has been holding on for.

Revelation 19:11,14 *“I saw heaven standing open and there before me was a white horse, whose rider is called Faithful and True... The armies of heaven were following him, riding on white horses and dressed in fine linen, white and clean.”*

Zechariah 14:4 *“On that day his feet will stand on the Mount of Olives, east of Jerusalem, and the Mount of Olives will be split in two from east to west, forming a great valley.”*

Matthew 24:30-31 *“Then will appear the sign of the Son of Man in heaven. And then all the peoples of the earth will mourn when they see the Son of Man coming on the clouds of heaven, with power and great glory. And he will send his angels with a loud trumpet call, and they will gather his elect from the four winds, from one end of the heavens to the other.”*

The Gathering of the Elect

Notice what Matthew 24:31 says happens at Christ's return: He gathers His elect from the four winds. This is the moment post-tribulation believers point to as the resurrection and gathering of the saints — occurring at the Second Coming, after the Tribulation, not before it. The trumpet sounds. The dead in Christ rise. The living saints are caught up. And every eye sees it.

This is not a secret, silent event. This is the most visible, glorious, undeniable moment in all of human history. The Antichrist is defeated. The False Prophet is destroyed. Satan is bound. And the one who endured to the end is vindicated before the entire world.

For Every Believer Who Endures to This Moment

If you are alive when Christ returns — having refused the Mark, having held your faith, having endured through the darkest days this world has ever seen — you will witness the answer to every prayer, the fulfillment of every promise, and the vindication of every sacrifice. Matthew 24:13 will be proven true in your own life: the one who stands firm to the end will be saved. Hold on.

Part 5 — The Millennium: Reigning With Christ

Following Christ's return and the defeat of the Antichrist, scripture describes a literal 1,000-year reign of Jesus Christ on earth, centered in Jerusalem. Satan is bound. The earth is restored. Justice finally prevails. And the overcomers of the Tribulation — including the martyrs who refused the Mark — are specifically mentioned as reigning with Christ during this period.

Revelation 20:4 *“They came to life and reigned with Christ a thousand years.”*

Isaiah 11:6,9 *“The wolf will live with the lamb, the leopard will lie down with the goat... They will neither harm nor destroy on all my holy mountain, for the earth will be filled with the knowledge of the Lord as the waters cover the sea.”*

The Millennium is the reward that follows the endurance. It is the answer to every injustice suffered. It is where the overcomer's crown is worn. This is not a distant, abstract concept — it is the direct inheritance of those who did not bow, did not break, and did not take the easy path.

Part 6 — Final Judgment & Eternal Life

At the end of the Millennium, Satan is released, leads one final failed rebellion, and is cast into the lake of fire permanently. Then comes the Great White Throne Judgment — every person who ever lived stands before God. The books are opened. Judgment is rendered based on what is written — including whether one's name is in the Book of Life.

Revelation 20:12,15 *“And I saw the dead, great and small, standing before the throne, and books were opened... Anyone whose name was not found written in the book of life was thrown into the lake of fire.”*

Revelation 21:3-4 *“God's dwelling place is now among the people, and he will dwell with them. He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.”*

This is where all of history has been heading. Not to endless decay and destruction, but to a New Heaven and a New Earth — a renewed creation where God Himself dwells with humanity in perfect, unbroken communion. Every tear wiped away. Every injustice resolved. Every sacrifice vindicated. This is the end of the story for those who overcame.

This Is Why You Endure

The temporary suffering of the Tribulation — as severe as it will be — is not the final chapter. Paul wrote in Romans 8:18: "I consider that our present sufferings are not worth comparing with the glory that will be revealed in us." Keep your eyes on what is coming after. That is what sustains the overcomer.

Part 7 — Practical Preparedness: Building to Last

Because we understand that we will go through what is coming rather than around it, our preparedness looks different from general survival prepping. It is deeper, more communal, more spiritually anchored. Here is a comprehensive framework.

FOUNDATION — Spiritual Preparedness

This Is The Most Important Section of This Entire Guide

Physical preparation without spiritual preparation is like building a house without a foundation. When the storms of the Tribulation come — and Jesus promised they would come — only what is built on the rock will stand. The rock is Jesus Christ. Build there first.

8. **Receive Jesus Christ as Lord and Savior if you have not already.** This is step one above all steps. Acknowledge your sin, believe He died for you and rose again, and surrender your life to Him. Nothing else in this guide matters without this.
9. **Build a daily, consistent prayer life.** Not occasional prayer. Daily prayer. Habitual communion with God. The faith that stands in the Tribulation is built in the quiet seasons before it. Start now.
10. **Know your Bible.** Especially Daniel, Matthew 24, Revelation, and the Psalms. When the pressure comes you will need truth you have already hidden in your heart — not truth you are scrambling to find.
11. **Find and commit to a solid, Bible-believing community.** You cannot do what is coming alone. Community is both spiritual and physical survival. Find your people now.
12. **Practice the presence of God daily.** The three Hebrew boys were not afraid of the furnace because they already knew who was with them. Cultivate that kind of knowing. It is what makes the difference.

30-DAY ACTION PLAN — Physical Preparedness

Week 1: Food & Water

- Stock 1 gallon of water per person per day for a minimum of 30 days
- Purchase non-perishable foods: rice, beans, oats, canned goods, freeze-dried meals
- Acquire a quality gravity water filter (Berkey-style) for long-term water purification
- Store a manual can opener, camp stove, and fuel for cooking without power

Week 2: Medical & Security

- Build a comprehensive first aid kit: bandages, antiseptic, sutures, tourniquet, pain relief
- Stock a 90-day supply of any essential prescription medications if possible
- Learn basic first aid and wound care — take a course if available
- Know your evacuation routes and nearest safe locations

Week 3: Communication & Power

- Acquire a hand-crank or solar-powered emergency radio for off-grid communication

- Keep a battery bank and solar charger for essential devices
- Write down — on physical paper — all critical phone numbers, contacts, and documents
- Keep waterproof physical copies of important documents: ID, insurance, medical records, this guide

Week 4: Financial & Community

- Keep physical cash on hand at all times — electronic systems are vulnerable and will be weaponized
- Reduce unnecessary debt as aggressively as possible
- Identify 5-10 trustworthy believers to form a mutual aid and accountability community
- Begin learning a practical skill: gardening, first aid, food preservation, basic repair, or off-grid living

LONG-TERM — Community & Resilience

- Build a trusted network of post-tribulation believers who understand what is coming and are prepared to support one another through it
- Develop the capacity to grow food — even a small garden dramatically increases your long-term resilience
- Learn off-grid living fundamentals: water collection and purification, solar power basics, wood heating
- Have a clear relocation plan if your current location becomes unsafe or unsustainable
- Keep printed, physical copies of the Bible, key study materials, and this guide. Digital access will not always be available
- Practice generosity now. The community that shares in the good times will be the community that survives the hard times
- Pray together regularly as a family or group. Shared faith is the strongest bond and the strongest foundation

Part 8 — The Most Important Page in This Guide

Every section of this guide matters. But nothing — not the timeline, not the survival plan, not the sign recognition — nothing matters more than this: your relationship with Jesus Christ. He is not a footnote to the end times. He is the answer to them.

John 14:6 *“Jesus answered, “I am the way and the truth and the life. No one comes to the Father except through me.””*

Romans 8:38-39 *“For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”*

That verse — Romans 8:38-39 — is the post-tribulation believer's anchor. Nothing that comes — no Antichrist, no mark system, no persecution, no tribulation — can separate you from the love of God in Christ. That is not a platitude. That is a promise you can stake your life on. And in what is coming, you may be called to do exactly that.

How to Receive Jesus Christ Right Now

- 13. Acknowledge that you have sinned and need a Savior.** (Romans 3:23) This is not condemnation. It is honesty. Every person has fallen short. That is why Christ came.
- 14. Believe that Jesus died on the cross for your sins and rose from the dead.** (Romans 5:8, 1 Corinthians 15:3-4) This is historical fact and the hinge point of all of human history.
- 15. Confess Jesus as Lord and surrender your life to Him.** (Romans 10:9) This is a decision of the will, made from the heart. It changes everything.
- 16. Follow Him daily.** Read the Bible. Pray. Find community. Live with purpose and urgency. The time is short.

A Prayer to Receive Christ

"Lord Jesus, I know I am a sinner and I need You. I believe You died on the cross for my sins and rose from the dead. I turn from my sins and I invite You into my life as my Lord and Savior. Fill me with Your Holy Spirit. Help me to follow You no matter what comes. I choose You above everything else. Thank You for saving me. Amen." If you prayed that sincerely — you are in the family of God. Tell someone. Get a Bible. Find community. You are going to need every one of those things for what is ahead. And you are no longer facing it alone.

Quick Reference: Post-Tribulation Timeline

Event	What Happens	Key Scripture
Birth Pangs	Wars, famines, earthquakes, deception, persecution escalating worldwide. Church present and alert.	<i>Matthew 24:4-14</i>
Tribulation Begins	Antichrist rises; 7-year period begins; church faces increasing pressure and persecution.	<i>Daniel 9:27</i>
Mark of the Beast	Global economic mark enforced. Believers refuse it even at cost of economic exclusion or life.	<i>Revelation 13:16-17</i>
Great Tribulation	3.5 years of intense judgment and persecution. Church endures by faith, community, and grace.	<i>Matthew 24:21</i>
Abomination of Desolation	Antichrist declares himself God in the Temple. The sign Jesus said to flee from. (Matthew 24:15-16)	<i>Daniel 12:11</i>
Armageddon	Nations gather for final battle. The darkest moment before the dawn.	<i>Revelation 16:16</i>
Second Coming	Christ returns visibly, gloriously, with His saints. Every eye sees it. The elect are gathered.	<i>Matthew 24:30-31</i>
Resurrection & Gathering	Dead in Christ rise. Living saints caught up. Tribulation overcomers vindicated and rewarded.	<i>1 Thess 4:16-17</i>
Millennium	Christ reigns 1,000 years. Tribulation overcomers and martyrs reign with Him.	<i>Revelation 20:4-6</i>
Final Judgment	Great White Throne. All judged. Book of Life determines eternal destiny.	<i>Revelation 20:11-15</i>
New Creation	New Heaven and New Earth. God dwells with His people. No more tears, death, or pain. Forever.	<i>Revelation 21:1-4</i>

"They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death."

Revelation 12:11 — The Overcomer's Anthem